

Personal Development Worksheet

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Goals and Dreams

What are your goals and dreams?

What are you most passionate about?

Where can you see yourself in ten years?

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What type of job, career or business would give you the most happiness?

What hobbies, sports or other activities give you excitement and joy?

What would be your ideal income?

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What knowledge, resources or experience do you need to achieve your dreams and goals?

What activities can you add to your life to make it better than it is now?

What is the overall theme of your life?

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Who would you like to be in ten years? Describe your personality, knowledge, values, behaviours, and so on.

Who are the ideal people you would like to surround yourself with? Describe their personality, knowledge, values, behaviours, and so on.